

OAKLANDS CENTRAL SCHOOL

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Volume 42 | No. 2 | 5 March 2025

Swimming Carnival Champions



Congratulations Zara, Tayan, Jack, Matthew, Sophie, Lucinda, Aurora, Hudson and Blake

WHAT'S ON!

5th March - Assembly Whole School 10th March - Primary Riverina Swimming Carnival @ Leeton 11th March - Secondary Riverina Swimming Carnival @ Leeton For more events, please visit our calendar on the Sentral Parent Portal

Principal Report

Good morning Oaklands School Community,

Welcome to the week 6 newsletter. It is difficult to believe we are halfway through the term!

Events since the end of last newsletter included:

The whole School swimming carnival went swimmingly. Congratulations to Innes (again) for their victory and to all age champions. Well done to ALL students, staff and community members for your involvement.

Congrats to all age champions:

- Junior Primary Girl and Boy Aurora and Blake
- 11 Primary Girl Lucinda
- Senior Primary Girl and Boy Sophie and Hudson
- Junior Secondary Girl and Boys Zara, Tayan and Jack
- Senior Secondary Boy Matthew

Other sporting events:

- Congratulations to Jack, Rhylan and Brandon who competed at the RAP Sports Trials at Barellan on Tuesday, 25th February.
- Tayan, Jack, Rhylan and Zara competed at the Secondary Zone swimming on 27th February in Ariah Park.
- Congratulations to all swimmers who competed at the Primary Zone carnival on Friday 28th February. They were Savana, Aurora, Blake, Wade, Lily, Tom, Lucinda, Hudson, Annabelle and Sophie.
- The students engaged in another successful Auskick program. We are certainly an active school! More information will be available in next newsletter.
- The first school assembly took place today. Well done to all award recipients and thanks to the secondary students who were our hosts.

Whole School upcoming events include.

- NAPLAN commences 12th March
- Scripture commences 13th March.
- Primary Riverina Swimming Carnival (Leeton) on 10th March
- Secondary Riverina Swimming Carnival (Leeton) on 11th March

Please see the school website for photo galleries or Facebook. If you have any questions or concerns, please contact the school on 6035 4290.

Have a great fortnight. Josh Webb Principal

Oaklands Central School Swimming Carnival



Finley Zone PSSA Swimming Carnival



Our Relay Team - Blake, Hudson, Sophie and Annabelle competed in the Earl McGee relay race and broke the standing record.



AFL Super Stars selection trials!!











OCS P&C Committee have once again organised accident cover for all our school students

Why AHI Accident Cover?

Added protection: Whether it's travelling to and from school, participating in extracurricular activities, or simply playing with friends in the playground, our cover helps provide financial protection for students and teachers in case of an accident. **Added peace of mind:** With AHI's accident cover, you can rest a little easier knowing that in the event of an unexpected accident or injury, the financial burden is one less thing to worry about. This allows you to focus on what truly matters - the well-being and recovery of students and teachers.

Stay protected with AHI

With AHI's accident and injury cover, we help safeguard your school community, giving you added confidence to enjoy school life.

Liam's journey to recovery

Incident on the playground

Liam, a 10-year-old student, was enjoying a game of soccer with his friends during lunchtime when he twisted his knee. The teacher on duty immediately saw the accident and notified the school administration.

Medical response and treatment

Liam was taken to the emergency room, where he was diagnosed with a ruptured anterior cruciate ligament. He underwent surgery to repair the injury. Post-surgery, Liam received a prescription for medication, a shower chair, and crutches to assist him during the initial recovery phase.

Road to recovery

Two weeks after surgery, Liam began physiotherapy sessions as advised by his doctor. During these sessions, he transitioned to using a knee brace, which provided increased mobility and allowed him to return to school.

Support and care

Thanks to the swift actions of the school staff and the medical care he received, Liam was able to focus on his recovery and return to his normal activities with confidence.

Claimable expenses

For Liam's family there were some claimable expenses including:

- Non-medicare medical expenses (not covered by private health insurance), up to \$7,500, included hospital expenses, physiotherapy and prescription medication
- Out of pocket expenses, up to \$300, including car parking costs for appointments, crutches, shower chair and knee brace
- A cash benefit, up to \$1,500 (capped at \$100/day), was paid during the time Liam was unable to attend school to assist the family with care

Benefits overview

Benefit payment examples*

- Broken bonesLoss of teeth and dental
- proceduresHome and vehicle
- modifications

Out-of-pocket expenses*

costs associated with treatment, medical support items (e.g., moon boots and crutches), replacement of damaged items, and more.

Non-medicare medical expenses*

Up to \$7,500: Not all medical expenses are covered by Medicare, so AHI will cover some of these additional expenses.

*Please refer to the policy wording for all terms and conditions.

AHI

For any claims enquiries or information please contact the AHI team. Phone 1800 618 700 Email: claims@ahiinsurance.com.au

ahiinsurance.com.au



P&C - Keeping Families Connected



Join us for a

KEEPING FAMILIES CONNECTED ONLINE PARENT AND COMMUNITY INFORMATION SESSION

Monday 17th March at 7:30 p.m. Online via Microsoft Teams.

SESSION BROUGHT TO YOU BY CENTRECARE SPONSORED BY OCS P&C

Oaklands School - Keeping Families Connected Seminar



REGISTER BY QR CODE

After you register, an email with the link to access the session will be sent out, this may be closer to the session date. Please check your junk e-mails in case it was sent there

P&C - Keeping Families Connected

THIS PROGRAM IS DESIGNED TO:

- Increase the knowledge around current social media use in young Australian's.
 - Increase the understanding of both benefits and risks of young people using social media and gaming apps.
 - Build confidence in parents by providing practical tools that strengthen at home conversations.
 - Provide an overview and 'how to guide' of common apps that young people are using.
- Provide whole house strategies to promote a healthy online home.



Our Community -Oaklands RSL Bowling Club Ltd News

WE ARE OPEN 7 DAYS A WEEK - from 5.30pm -

THURSDAY SUPERDRAW 6//3//2025 - \$2,200

Thursday Night 27/2/2025

\$13,200 Claimed - #49 Col Widdison -Oaklands RSL Bowling Club

\$25 Winners: Shandelle Collins, Lyn Langridge, Helen Preedy & Peter Reynolds Chocolate Winners: Tommy Comtesse

Sunday Night 02/03/2025

\$700 - Unclaimed #134 Stan Bromley Winners of \$25: Merlinda Beckett Janelle Day & Chelle Anderson **Chocolates:** Chelle Anderson & Leigh Beckwith

Sunday Night 09/03/2025 - \$800



Oaklands RSL Bowling & Community Club

> <u>Menu</u> Thursday 6th March 6.00pm - 8.00pm

Entree - \$10

Torpedo Prawns Mini Spring Rolls Prawn Cocktail Chicken & Garlic Balls

<u>Main</u> - \$22

Steak Burger & Chips (lettuce, tomato, scotch steak, onion, bacon, egg, cheese & beetroot) Battered Fish with chips & salad

Kids Menu - \$5

Nuggets & chips Fish Bites & chips Chicken Schnitzel & chips Ice-cream & topping (1 scoop - \$5 2 scoops - \$8)

Tap & Go facility available

Chris & I would like to thank you all for your continued support over the last 2 years. We have loved every minute of it!

AFL FOOTY TIPPING







Competition kicks off Thursday 6th March

Make sure you've entered the comp before the ball bounces!

CONTACT JIMMY 0428 570 325 OR KEN 0408 998 689



Our Community -Oaklands RSL Bowling Club Ltd News

oki eats bistro

Grand Opening, Sunday 9th March

Meals from 6pm to 8pm

STARTERS

CHEEZY GARLIC MELT - 8 Cheese, Garlic *GF option available

CHEEZY BACON MELT - 8 Tasty Cheese, Bacon *GF option available

THE TOMMY FETA - 8 Fresh Tomato, Basil, Feta, Balsamic Glaze *GF option available

PRAWN SKEWERS - 12 Garlic, Herb, Plain served with lemon

MAINS

STEAK 250GM (MIN) - 30 Chips and Salad or Steamed Vegetables, Mash

ADD PRAWN TOPPER - 5

BOWL ME OVER SANGA/BURGER - 25 Seasoned Chicken Breast 200gm (min), Bacon, Cheese, Onion, Lettuce, Tomato, *DF Caesar Dressing and Chips *GF Bread/Bun Option available

BEEF ME UP BURGER - 28 Triple Layered Beef Steak (300gm), Cheese, Lettuce, Tomato, Onion, BBQ Sauce served with Chips *GF Bread/Bun Option Available

TO CRUMB OR NOT TO CRUMB - 22 Grilled or Crumbed Chicken Breast served with Salad and Chips or Steamed Vegetables and Mash *GF Crumb option available

CRISPY SKIN SALMON - 30 200gm Grilled Salmon with Mango Salsa, DF*Tartare with a choice of Salad and Chips or Steamed Vegetables and Mash.

GRAVY OPTIONS *GF Gravy, *GF Pepper, *GF Diane *GF Mushroom

SALADS

GARDEN - 15 Mixed Greens, Tomato, Cucumber, Onion, Avocado, Carrot, Beetroot, Feta Cheese

CAESAR - 15 Lettuce, Bacon, Parmesan Cheese, Egg, Croutons (GF option)

HOMEMADE DRESSINGS French, Balsamic Vinegarette, *DF Caesar

ADDED EXTRA

ADD Grilled Chicken - 8

MAINS CONTINUED:

VEGGIE BURGER- 22 Homemade *DF Sweet Potato Black Bean Pattie seasoned with Garlic, Onion, Coriander, Lettuce, Tomato, Cucumber, Carrot, Onion, Beetroot with Chips *GF Bread/Bun option available

PENNE PASTA - 15 Homemade Passata Sauce, Garlic, Onion, Oregano, Basil, Beef Mince, Parmesan Cheese OR go Meatless! *GF Pasta option available *MF option available

KIDS MENU

KIDS MINI PASTA – 8 Homemade Passata Sauce, Garlic, Onion, Oregano, Basil, Beef Mince, Parmesan Cheese OR go Meatless! *GF Pasta option available, *MF Meat Free option available

CHICKEN BITES - 8 Crumbed Chicken Pieces, Chips and choice of Sauce *GF

PIZZA PITA - 5 Tomato or BBQ base with Cheese *GF

TINY TOT SNAGS - 8 Mini Sausages served with Chips or Steamed Veg and Mash *GF

Oki Eats Bistro - a modern-day menu that inspires us to bring a diverse range of culinary delights. Our menu is clearly set out to give you options and choices to alter to your dietary needs without compromising on taste.

*GF - Gluten Free *DF - Dairy Free *WF- Wheat Free *MF- Meat Free

Tap and Go Available

Our Community -Service NSW Visit

We're coming to your community



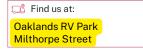
We're bringing NSW Government services to: Oaklands on the 10th March from

1pm-3:30pm

Visit our Mobile Service Centre to access services like:

- Driver Knowledge Tests
 driver licence, mobility parking
- and photo card applications
- Working with Children Checks
- NDIS Worker Checks
- birth, death and marriage
- certificates
- cost of living support and more.

Call **13 77 88** or visit service.nsw.gov.au to check our latest timetable. Severe weather may mean our timetable has to change at short notice, we strongly recommend you check on the day.





Service NSW

Our Community - Catholic Church News

St Columba's Catholic Church Oaklands invites families of children desiring to receive the Sacraments of PENANCE and FIRST HOLY COMMUNION (Year 4 and above) and CONFIRMATION (Year 5 and above) this year, to make contact with any of the following as soon as possible. Fr Luke Joseph 0447 033 861 Leanne Sandral 02 6035 6251 Veronica Sandral 02 6035 6236 or 0447 869 877

> Fr Joseph is in OAKLANDS for Mass every Sunday 1st, 3rd & 5th Sundays 10am 2nd and 4th Sundays 10.15am

A CONTRACTOR



Our Community -CWA Oaklands November *News*

CWA OAKLANDS WOMEN'S DINNER

Guest speaker

Ms Robin Haberecht CEO Yarrawonga Health

Robin is a well-known local resident. Her recent appointment as Yarrawonga Health Chief Executive Officer is the culmination of an impressive background in the health sector, at the helm of various NSW hospitals and health services.

Most recently Robin has been working in the private sector as CEO at hospitals in Wagga Wagga and Canberra. She is looking forward to continuing to deliver high quality healthcare services. Especially through the new \$10.9 million theatre re-development at Yarrawonga due for completion mid 2025.

Wed March 5th 2025

7.00pm for 7.30 start

Two course meal + treats

Oaklands RSL Bowling Club, Buller Street

Entry \$50.00 All tickets pre-paid please (last day 5.00pm Fri 28th February)

Via link: https://www.trybooking.com/CYIBJ



*Lucky door prize

- * Raffle 1st Hamper of CWA homemade goodies
- * Raffle 2nd Hamper of pamper products

** Any questions Anna Stienstra 0423 483 612 or Heather Kerr 0447 335 201



Proudly organised by Oaklands Branch of CWA of NSW "An apple a day keeps the Doctor away"

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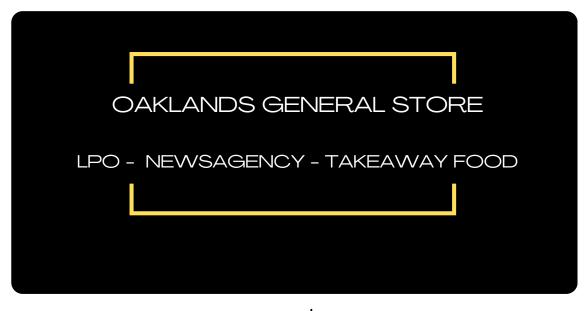
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Andrew 0427 354 270 Lachie 0459 551 027 **#anotherdaygoesby**

Matthew, Shandelle & Morgan Collins

Welcome You



and



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Shop Hours

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8am - 2.30pm Monday to Friday (hours will extend during Harvest) 8am - 11am Saturday 9am - 12 noon Sunday

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